

## Impactus ry + Transmed Board Meeting 07.03.2025

### Minutes

#### Time and Place

17:00, Terkko library, Haartmaninkatu 4, Building 14,

00290 Helsinki

**Participants (on Zoom\*):** Leyla Lacin, Ravi Gurbani, Lylia Hammoudi, Lilla Györffy, Ella Staff\*, Sushimita Mago\*, Iqra\*



IMPACTUS ry

#### 1. Call for Order

The meeting was called for order at : 17:02

#### 2. Confirming the Quorum and Legality of the Meeting

A quorum is present, and the meeting is legal.

#### 3. Approval of the Agenda

The agenda was approved.

#### 4. Announcements

No announcements.

#### 5. Transmed Board

Lylia shares the Transmed board documents that concern Impactus and Transmed students.

#### Key takeaways:

- the need for a common safe space for students to hang out, relax and build a sense of community
- more availability for mental health and wellbeing support, especially for non-Finnish speakers
- need for an interdisciplinary sports club/ running club/ more sports events in general.
- Some information on Anniversary parties in general from Ella
- Lylia suggested improving the advertisement strategies of Impactus, in order to increase participation.

#### Suggestions:

- Contacting an Armenian psychologist (Angela ?) to hold a session on mental health for international (and not only) students

- Organisation Living Room Project by HYY: possibility to apply for funding for events held during the Student Mental Health Week (7-13 April), we could organise sports events and book courts, or use free spaces in the Haartman Institute for low-threshold events (movie nights, coffee breaks, etc), or use the free board games in Mocsu
- Organise an informal event for TRANSMED students where they can express their preferences for the events they would like Impactus to organise + send out a poll regarding these questions.
- Create a poll (maybe combined with the one mentioned before) ASAP to gather volunteers for Impactus throughout the year.

## **6. Website Pictures**

We will do the board pictures on the 12th of March on the 5th floor of Biomedicum.

## **7. Transmed Excursion**

HiLIFE Edu contacted Impactus for possible collaboration regarding education, employment and skills development among TRANSMED students. The funding would be around 2000-3000 euros. We set the date to 17th of March, but need to contact the representative to ask about her availability. Before the meeting, we will reach out to Terkko Health Hub for any possible start-up/ company contacts.

## **8. Meilahti Campus Awards Ceremony**

The Google form where students can vote for the best lecturer will close on the 11th of March, after that we will inform the organisers about that. Ravi agreed to present the award on the 21st of March at the event. Not much info about how the organisation of the event is (awards, agenda, invitations, etc).

## **9. GangLion Coffee Session**

The event (where we are collaborators) is on the 13th of March, Leyla has already advertised it on WhatsApp and Instagram.

## **10. Terkko Career Fair**

Will be held on the 18th of March, Leyla has already advertised it and keeps in touch with lina and the companies. We are again collaborators.

## **11. Meilahti Student Organisations' Blog**

A new initiative was born to advertise all the Meilahti campus Student organisations on one blog, so it will be easier to find for prospective students. The website has been created, we need to fill out a description about Impactus ASAP.

## **12. Anniversary Party**

We need to start advertising and organising ASAP.

### Checklist:

- Contact sponsors, catering services (preferably vegan food, all courses covered or at least with the exception of the dessert and appetizers, depending on the price).
- Look for a ceremony master, someone who serves the food.
- Advertise the event (preferably at the weekend of 7-9th of March)
- Post a sign-up and volunteer form.
- Decorations.

## **13. Get to know Myöhä**

It will be on the 26th of March, they will present the venue to student organisations between 6-8 pm. Ravi and Lilla will attend.

## **14. Operating Grant**

Ravi is working on it, almost done.

## **15. Student Well-being Evening**

Organised by Helsinki Think Company in Terkko Health Hub, the event will be held on the 26th of March between 16:30 and 18:30. They asked us to advertise it on social media, Leyla agreed to do it.

## **16. Loimu**

The representative wants to have a meeting with us to go through the contract. We need to set up a meeting. Ravi will be added to the Telegram group.

## **17. Any Other Business**

Leyla won't be in Finland between 21 and 31 March.  
Lilla won't be in Finland between 8 and 25 April.

## **19. Deciding the Date for the Next Board Meeting**

29.03. at 17:00

## **20. Closing the Meeting:**

18:16



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(Chairperson)



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(Secretary)